

Media Release – Zoe swims to success.

Shellharbour Surf Life Saver Zoe Elkerton has had a string of success in the water recently.

Along with Shellharbour's Karri Ryan, Zoe was selected in the NSW Country Surf Life Saving Team to compete in a tri-series against New Zealand and the Central Coast in early January.

Three rounds were held, with Zoe gaining two firsts and a second in the three swims, second three times in the ironperson and a second in the ski.

Zoe backed this up by representing NSW in the Interstate Surf Life Saving Championships held at Queenscliff in Sydney. There she won the Swim and the Tube race, was third in the ironperson, fourth in the Ski and gained seconds as part of the beack relay and taplin relay.

Events were not confined to the beach, with pool lifesaving events held at Homebush Aquatic Centre. There she placed first in the 200m obstacle race, first in the 50m Obstacle relay and second in the 50m mannequin carry. At the end of two days of competition, NSW were narrowly beaten by Queensland.

On Australia Day, Zoe competed in the Great Australian Swim series, swimming from the Opera House Steps for 2.5km to Farm Cove. She finished 3rd.

Just days earlier, Zoe competed in the Palm Beach to Whale Beach 2.7km Open water swim, winning the female event and a trip to Hawaii to compete in the Waikiki Roughwater swim. ...and she still finds time to attend board training and complete life saving patrols at Shellharbour.

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