



MEDIA RELEASE
Monday 20 August 2012

For details on Open Day activities go to
www.surflifesaving.com.au

SURF CLUBS OPEN THEIR DOORS

On Sunday 26 August, 75 surf clubs around NSW will open their doors to visitors and new members of all ages as part of Surf Life Saving NSW's (SLSNSW) first ever state-wide Surf Club Open Day.

Clubs will host a range of activities, including lifesaving demonstrations, clubhouse tours, barbecues and displays. Some will also offer people the chance to try out a range of beach activities and rescue scenarios first hand to give them a genuine feel for the challenges and excitement of surf lifesaving.

SLSNSW Director of Member Services, Gary Chapman said the Surf Club Open Day would give the public the opportunity to see the wide variety of activities they could get involved in at a surf club, or to sign up before the patrol season starts on September 22.

"With the season starting in a couple of weeks, now is a great time to think about joining a surf club and giving back to the community," said Gary Chapman.

"There are over 75,000 people involved in Surf Life Saving throughout NSW and this includes people of all ages and walks of life. Everyone has what it takes to be a surf lifesaver."

Steve Jones, South Coast Branch President, agrees that Surf Life Saving has something for everyone.

"There are hundreds of volunteer roles to choose from, everything from patrolling the beach on a Sunday morning, to radio communications, administration and fundraising, or managing a team of competitors at a surf carnival.

"There are so many benefits to joining a surf club. Apart from learning vital lifesaving skills, you can get involved with support services such as powered water craft patrols, get fit and healthy participating in surf sports, or simply give something back to the community through voluntary patrols, all while making lifelong friends.

"One of the great things about joining a surf club is that you walk into a ready-made group of friends. It's also a great way to spend some family time together, while doing something good for the community," said Steve Jones.

South Coast Surf Clubs participating in the open day include:

- Kiama Downs Surf Life Saving Club
- Mollymook Surf Life Saving Club
- Shellharbour Surf Life Saving Club
- Warilla-Barrack Point Surf Life Saving Club

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