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Coolangatta Gold

So the big race has come and gone again.

Shellharbour sent a good representation with Kyle Glazier and Paul Schloeffel representing the vets and Meg Helson and Zoe Elkerton teaming up with Kirsty Philpot and Penny Locke in the open ladies teams.

If I have learnt anything about this race it is that mother nature just doesn't like me. This year we had a reported 25 to 30 knot NE wind and an ocean that had more chop than a Jacky Chan movie. This made for a 23km ski paddle that Kyle and Paul could have only dreamed about, 1hr 54mins and 1hr 56 respectfully and so began the return half of the race. The swim took 90 mins, that's 30mins longer than we thought, with Kyle turning into Avatar in the chilly winds suffering from hypothermia and questioning if it was wise to continue. The boys were unaware that the worst was yet to come, after the 4km run (both boys running well) came the 5.5km board paddle that claimed 30% of the field and took a staggering 2hrs and 1min.

That's 1hr longer than in training. A little disoriented, but relieved to be off the boards and only leaving the 10km run home, both Kyle and Paul finished without being timed out (7hr 8mins and 7hr 16mins) and both agreed that enough is enough (for this year).

Kyle did an amazing job to continue after the swim and Paul was grateful of the extra Tim-Tams that were consumed during training.

The Girls team did a fantastic job finishing 8th in the open women's teams and Zoë admitting that it was the worst swim conditions she has had to compete in.

I am not sure of the facts but rumor has it that Meg was actually blown off the beach four times during her run. Kirsty's mum was unable to watch Kirsty do the board leg and Penny Locke didn't understand what all the fuss was about and thought the ladies needed to harden up.

Thanks has to go to all the handlers that travelled up and did an amazing job

ALISON and SAM GLAZIER, GILLIAN, AARON, NICOLE and ALLAN SCHLOEFFEL, NATHAN HAYES, RAY and SHANNON HOBSON, DANA RICHARDS, RICHARD KING, DARYL GLOVER and BRUCE PHILPOT.



Without these people handling we would have had no hope of finishing. So thank you and thank you to all the well wishers and texts, hope we did you proud.

Paul Schloeffel



75th Anniversary

Warilla
BOWLS &
RECREATION CLUB

Friday 11th November should be a great night with a dinner Inc. to celebrate the history of Shellharbour SLSC.

The club was formed in 1936. Apart from a short enforced break during World War 2, it has served the local community continuously from that time. During this period of service the club has established itself as one of the principal surf clubs in regional New South Wales. Over the years members have turned in outstanding performances in rescue, competition and community service.

Usually we have over 330 junior members and approximately 200 senior patrolling members.

On the night of the 75th Anniversary there will be a presentation on the history of the club and a surprise ex member high profile motivational speaker.

It will be a great night to meet new people and celebrate the friendly dedicated club we have.

Tickets can be purchased from Marie Love at the club house on Sunday or by calling Wayne Cavanagh.

HURRY time is running out, tickets must be purchased by the 1st November for this fantastic outing.

If you are attending remember to try not to drink too much, as we have a big day following with the surf club hosting round 2 of the Sydney Water Series.

SHELLHARBOUR SURF LIFE SAVING CLUB

75th Anniversary Dinner Dance

Friday 11 November at 7pm,
Warilla Bowling Club

Tickets \$50 each –

Available Sunday Mornings at the Club house

or contact Wayne Cavanagh on

4296 9794 or 0412 052 675

**ALL PAST & PRESENT MEMBERS VERY
WELCOME**

**Sydney Water
Series 2011: Hosted
by clubs in the
Illawarra and
South Coast
branches.**



Sydney Water Premiership Series

The 10th annual Sydney Water Premiership Series has started.

This action packed series will once again be conducted over 4 premiership rounds, involving all age groups from Under 8's to Masters.

The first round was held at Corrimal on Saturday 22nd October, with a great team from Shellharbour of 50 participants.

Round two is to be held at our club Shellharbour which will bring a lot of people to the beach on-looker and competing. Volunteers will be needed for water safety, set-up and packing away (cleaning). BBQ helpers are also needed and as they say many hands make light work, so the more helpers the easier for everyone!

If you are interested in helping out please contact Peter Stacey on peteissurfing@gmail.com. Good luck to all the competitors in the Sydney Water Premiership Series for the upcoming home series and future premiership rounds.

Bronze & SRC Courses

Its great to see that there is a big group this year. The more people that complete these certificates and begin patrols the safer our beaches become.

Thanks Paul Schloeffel (Chief Instructor) for coordinating these groups.

Looks like he'll have his hands full over this season but at least he will keep things entertaining with his slapstick humor!

If you are interested in future Bronze or SRC squads please contact Paul on

schloeffel@fishinternet.com.au

Ways You Can Help Out!!

Help is needed each week in getting:

- ⇒ All the equipment onto and off the beach
- ⇒ Getting the IRB and string line into and out of the water
- ⇒ Setting up the sprint and flag areas
- ⇒ Rinsing all boards, water buoys and string lines
- ⇒ Restacking the boards

- ⇒ Judging and recording places
- ⇒ Holding the wade poles or acting as wade markers
- ⇒ Helping at BBQ stalls and selling raffle tickets
- ⇒ Maintaining club equipment, cleaning and tidying up the gear shed

Fundraisers!

Fund-raisers are what gives all members a great club and the gear that we have today.

Club Life :Fund-raising
(from SSLSC handbook)

Junior surf club members' registration fees are aimed at covering branch and state capitation fees (which includes individual insurance coverage), carnival entrance costs, administrative costs,

Christmas and presentation function costs. Cadet, Senior and Social surf club members' registration fees are aimed at covering insurance costs only.

The club registration fees do not include the purchase of new equipment, insurance, electricity and water fees, or maintaining the clubhouse.

The surf club is heavily dependent on fundraising activities to cover these costs.

The Club's main fundraising activities include –

- Raffle Ticket Sales
- **Surf Life Saving Appeal Day**
- BBQs and Raffles at Carnivals
- Sippers & other social events



Appeals Day is coming up on the **10th Dec 2011** – keep it free and

volunteer some time to collect funds for your club. A roster of timeslots will be produced shortly for our usual locations around the city. If you can help, please email Tracey:

freemanhr@ozemail.com.au

Help is always needed and much appreciated.

(Ways you can help out continued)

At away carnivals, help is needed:

- ⇒ Unloading and reloading the gear trailer
- ⇒ Putting up and pulling down the tent
- ⇒ Helping organise the children
- ⇒ Transporting tents, trailers, etc

- ⇒ Judging and recording places
- ⇒ Preparing and distributing food and drinks as required
- ⇒ Water Safety & Officiating—see over for more details.....

Nipper Focus!

Kai Richards



What age group are you in?

U10's

How long have you been a member at Shellharbour SLSC?

4 Years

What's your favorite thing about surf club?

Swim and Board and hanging with mates

Do you swim train? If yes where?

Yes, Mckeon Swim School

Do you have a rented board through surf club? If yes, how do you find it?

Yes. I like it a lot and have caught heaps of waves. It has also improved my paddling.

Do you live close to the beach?

Yes, Flinders

Do you have brothers or sisters in surf club?

Yes a sister and my mum also

What do you like best about carnivals or club championships?

Supporting Shellharbour SLSC getting points for club

What school do you go to and what year are you in?

Flinders Public, Year 3

What's your favorite sport?

Swimming and footy

Ways you can help out (continued)

All Surf Clubs are required to supply officials and water safety personnel as set by the controlling body for each carnival. **The club is required to have a certain quota of water safety and officials based on the number of entries. Failure to provide these can disqualify our competitors from competition.**

The Surf Club can arrange for interested club members to attend any of the following courses– Level 1 coaching course and Official's courses. Course details and dates will be communicated via email, club web-site and club newsletters.

Help is needed with beach set up and pack up on home activity Sundays. Parents and children are required to help set up the beach from 7.30am and to help clean and store away all the remaining equipment when all activities are finished. A roster has been established with age managers to allocate age groups to set up/pack up and BBQ each week. Please contribute.

One of the most responsible and enjoyable jobs associated with Junior competition is water safety. There must be a ratio of one water safety person per five children in all water activities. The Club encourages any proficient and financial club members to swim with their child. Consequently the club encourages interested family members to sit for their Surf Rescue Certificate or Bronze Medallion.

If you are interested contact Paul Schloeffel schloeffel@fishinternet.com.au or Tracey Freeman freemanhr@ozemail.com.au for further details.

Ray White.

SHELLHARBOUR CITY

Ray White.

Shellharbour Village

ALLPHONES

13 8000

Surf Rider Caravan Park



Readymix



ILLAWARRA ACCOUNTING & FINANCIAL PLANNING

Oak Flats
Community Bank Branch **Bendigo Bank**

Kel Campbell Pty Ltd



Kai and Ethan both attend board training on Wednesday afternoon and seem to have lots of fun catching heaps of waves on their new rented boards. These two are friendly young lads putting quite a bit of effort into their participation in the club. They both also competed in the Sydney Water Premiership last Saturday in which they stated there were no nerves, even though it is very competitive. They did really well, its good to see you guys out there having fun. Well done boys!!



bhpbilliton

Nipper Focus! Ethan Rowles

What age group are you in?

U10's

How long have you been a member at Shellharbour SLSC

4years

What's your favourite thing about surf club

Board and being outside

Do you swim train, if so where?

Yes, Leonnies Swim School, Warilla

Do you have a rented board through surf club? If yes, how do you find it?

Yes, I just like having my own board

Do you live near the beach?

Flinders

Do you have brothers or sisters in surf club?

No but my mum and dad are members

What do you like best about carnivals or club championships?

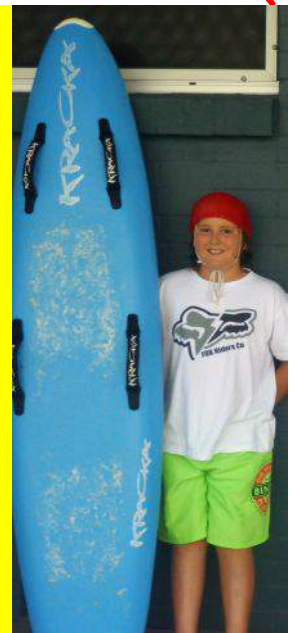
Supporting the club having fun with friends

What school do you go to and what year are you in?

Flinders Public year 3

What's your favorite sport?

Rugby Union



Thank-you to our Supporters & Sponsors



South Coast Branch Youth Leadership & Development Camp;

The camp provides the opportunity for members in the U/13 and U/14 age groups to participate in some practical leadership and teamwork activities over the course

of the weekend and listen to some inspiring speakers talk about their leadership experiences. It also allows the participants to meet other surf club members from the branch and form some lifelong friendships.



Aaron Schloeffel & Kira Freeman

What did the weekend involve?

It was for U13 & U14 South Coast Surf Club members.

It involved activities to gain skills in leadership and teamwork.

We went on walks, played games, had a few races, and on the Sunday we sailed with the navy on Jervis Bay.

Where was it located?

HMAS Creswell Jervis Bay; we slept in tents.

Was it fun or a challenge? Did you meet lots of other kids from other clubs?

It was heaps of fun and we met lots of people from the south coast region as far south as Mollymook. The leadership team working skills that we learnt were humorous; explained by Kira "it was like sneaking vegetables in bolognaise". An example of one of the tasks we had, was that we had to meet a budget of \$12,000 given to our team. Our costs came to \$18,000 and the team had to go through an elimination process to determine the most vital things needed to run an efficient club.

Did you have good weather? During the day it was nice and we all had to be sun safe - covering up and wearing sun cream. However it did rain at night.

What did you eat? Did you like the hospitality? We had meals best described as 'Navy meals'. It was a BIG buffet that contained a lot of carbs, but in the Navy I guess they need that! We all ate together in the mess hall. Overall, we can say we never got hungry.

Do you recommended the camp for others?

Yes, it's worth participating—a great weekend away.

I encourage anyone who would like to contribute to future newsletters (e.g. submissions as well as photos etc.), to

please email Allison Booth, Club Publicity Officer at

allison_booth@hclmail.com

We're on the web

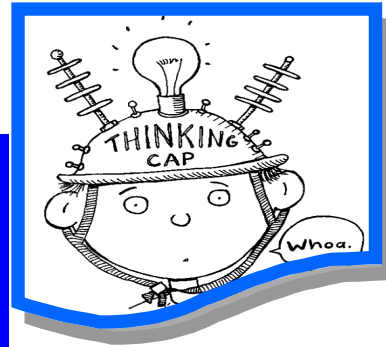
www.shellharboursurfclub.com

Upcoming Proficiency Dates

If you have your Bronze Medallion or Surf Rescue Certificate and are participating in patrols or water safety it is mandatory to have completed your proficiency, this year's goal is to aim more towards preventative strategies.

The next proficiency dates are as follow;

- 5/11/2011-10:30am
- 19/11/2011-10:30am



Up Coming Events!

6/11/11- Club Championships round 1 (sippers and junior disco)

11/11/11- 75th Anniversary (Warilla Bowling Club)

12/11/11- Sydney Water Premiership Series round 2 (Shellharbour)

20/11/11- Club Championships round 2 (sipper and junior disco)

26/11/11- Sydney Water Premiership Series round 3 (Nth Wollongong)



EST - 1936

Take a look at the following link for the Junior SSLSC 2011/2012 season Calendar:

[LINK TO SURF CLUB CALENDAR](#)

Please be reminded that the calendar can be updated occasionally, so referring back to it is highly regarded.

Also some great club information is found in the surf club handbook;

[LINK TO SURFCLUB HANDBOOK](#)



Congratulations!!

To Tracey Freeman (Highly Commended) and Wayne Cavanagh (winner!) for being nominated for the Illawarra volunteer of the year award (they were both nominated by a club member). These guys put a lot of time and effort into our club as well as running their own busy lives. Well done guys

A big congratulations to Cavo for being awarded the 2011 Illawarra Volunteer of the Year! Great recognition for a guy who does so much for Shellharbour and Surf Life Saving in general. He now goes on to the State Awards being held at Parliament House NSW

SHELLHARBOUR



EST - 1856

Club Contact details:

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(summer season only)