

Shellharbour SLSC

Newsletter September 2015

In this issue: * Sponsor News * Upcoming Events * Sponsor Feature * Presentation Night *
* Presentation Awards * Club Person of the Year * Club Committee * Club Championship Results *
* Stockland BRT Board * Become a Volunteer * Registration Days * General Information * Sponsor Packages *

Welcome Back to a New Season!



Welcome to our members particularly new members to the Shellharbour SLSC family. I hope you are all as excited as I am looking forward to the upcoming surf season. Special thanks to all of our members that have taken on committee and leadership roles for the club.

We really do appreciate the efforts of those members that have given time carrying out pre season planning and preparation work to ensure we are ready for the upcoming season. I feel that we as a club will continue to be a highly valued and respected community asset and am sure that the club will continue to exhibit membership growth and become a model of best practice in all areas of operation into the future. This is our challenge and I think we can do it. Good luck to all of our fantastic patrolling and non patrolling members, athletes and surf club families lets hope we all enjoy a safe, happy, healthy and fun filled adventure together in season 2015/2016!

GO HARBOUR!

Cavo (SSLSC Club President)

Sponsor Highlights



Warilla Bowls Club who have kindly provided a cash grant of \$5000 via the Club Grants scheme to assist SSLSC with Cadet Development.

Thank you to our Sponsors

... and for details of Sponsor offers, see last page!



SHELLHARBOUR HEALTH INC



leisure coast kitchens lck PTY LTD



The Shellharbour Club

Shellharbour City



Kel Campbell Pty Ltd



Upcoming Events

KEY CLUB DATES

- ⇒ Registration Days – Registration Dates are 13th and 20th of September - 10am to 2pm - don't forget you can register and pay online this year!
- ⇒ 19th September—Patrols Commence—Season opens!
- ⇒ Nippers commences—Sunday 4th October
- ⇒ Club Open Day—Sunday 18th October
- ⇒ Appeals Day - 12th December 2015

COMPETITION DAYS TO NOTE

- ⇒ Sydney Water Premiership Series 7/11/15 (Warilla), 14/11/15 (North Wollongong), 28/11/15 (Shellharbour) and 5th & 6th December (Thirroul)
- ⇒ Cronulla Carnival - 19/12/15
- ⇒ ASRL – The Australian Surf Rowers League returns to Shellharbour 19-21 Feb 2016—Here's hoping for better surf conditions this year!

Full a full list of upcoming events, please refer to http://www.shellharboursurfclub.com/Calendar_of_Events.php

Sponsor Feature:

Bendigo Bank Donate Patrol Trailer



Chairperson of the Bendigo Oak Flats Community Bank & Shellharbour Community Bank, Mr Geoff Egan, will officially hand over the club's new Patrol Trailer, ready for the forthcoming season. The club received \$6000 from the local Bendigo Community Bank, a long term sponsor of the club, to build a new Patrol Trailer to better meet the needs of the bathing public and the club's volunteer lifesavers. The new patrol trailer is a major improvement on the existing version, which had suffered from years of heavy use and was becoming a WHS issue for volunteers. We are very thankful to the Bendigo Oak Flats Community Bank & Shellharbour Community Bank for their continued support of our club and the community.

Right—John Sinclair (Bendigo Bank) hands over the new Patrol Trailer to Wayne Cavanagh (Club President) as Geoff Egan (Chairperson—Bendigo Bank—Oak Flats & Shellharbour) looks on.



Club Presentation Night

The Club's Annual Presentation Night was held on the 20th June 2015 at The Shellharbour Club. We looked back on a busy season and celebrated the successes and challenges we faced, as well as sharing some laughs on the funnier side of things, courtesy of Club Vice President and MC Paul Schloeffel. We also took the opportunity to thank our many sponsors and supporters, acknowledged our lifesaving achievements and thanked all our Volunteers for their dedication and service to the Community.



Above—Anna Watson—Member for Shellharbour, presents Peter Stacey with the Club person of the Year Award at the Presentation Night

See Page 9 for the Club Championships results!

Right—the 2014/15 nominees for Club Person of the Year—Peter Stacey, Rob Ryan, Dana Richards, Richard Hayman, Wayne Cooper and Jake Westlake

Key Awards on the Night were:

- ◆ Most Outstanding Cadet – Nathan Troiani
- ◆ Cadet Club Person of the Year – Chloe Reid & Nathan Troiani
- ◆ Club Champion – Peter Stacey
- ◆ Competitor of the Year – Jo Helson
- ◆ Patrol Captain Of The Year - Dean Rule
- ◆ Club Person of the Year 2014/2015 – Peter Stacey



Branch Presentation Awards



Shellharbour SLSC Members were recently recognized for their efforts during the season at the South Coast Branch Surf Life Saving Annual Presentation Night, held at Shoalhaven Heads Bowling Club.

Award winners were:

- ◆ Bailey Krstevski – U11's – Junior Male Competitor of the Year
- ◆ Jo Helson – Masters Female Competitor of the Year
- ◆ Tracey Freeman – Surf Sports Official of the year
- ◆ Richard Hayman – Junior Activities Volunteer of the Year

Congratulations to all our nominees.

Thank You!

8 members recently attended the South Coast Branch SLS Conference at Waterslea, Cambewarra on Saturday 1st August. We thank you for giving up your day to discuss the forthcoming season and hear from some interesting speakers. Those who attended were – Wayne Cavanagh, Bruce Kejda, Michael Flood, Tracey Freeman, Dean Boyton, Dana Richards (Branch Surf Sports Director), Will Furney, Tom Kofod

Club Person of the Year



Peter Stacey (above left) in action last season!

As you may be aware, our Club Person of the Year Award is decided by way of member voting at the Annual Presentation Night, after the Club Management Committee has provided a list of worthy nominees for consideration by members.

This year our winner was Peter Stacey, our current Carnival Organiser and Age Manager of the U14's last season (having taken the Age group through over a number of years). Pete was acknowledged for his all round commitment to the club, including having achieved 100% patrol attendance for the last 5 years, representing the club at Branch and Country Carnivals, regular attendance and encouragement at club training, participation in Appeals Day, organising several significant carnivals over the season, including Sydney Water and involvement in the ASRL, and his general passion and support to members around the club.

Congratulations Pete!

Club Committee

Introducing club committee members for 2015-2016 (*control + click on name to contact them*)

POSITION	HELD BY	POSITION	HELD BY
*#President	Wayne Cavanagh	*#Vice President	Paul Schloeffel
*#Vice President (JAC Chairperson)	Dean Boyton	*#Treasurer	Bruce Kejda
*#Secretary	Tracey Freeman	*#Public Officer	Chris Troutman
*#Club Captain	Michael Flood	#Club Vice Captain	Michael Hass
#Chief Instructor	Paul Schloeffel	#Registrar	Michael Flood
R & R Captain	Not Filled	#Radio Officer	Matt Wheat
OH&S Of-ficer/Committee	Darryl Glover	Member Protection Of-ficer	Dean Boyton
#Surf Boat Captain	Mark Bartlett	Surf Boat Vice Captain	Wayne Cooper
Board & Ski Captain	Tim Coltman	Board & Ski Vice Cap-tain	Steve Ballard
#IRB Captain	Matthew Barnes	IRB Vice Captain	Jake Westlake
First Aid Officer	Kyle Glazier	Gear Steward	Rob Ryan
Publicity Officer	Held Over	Junior Club Captain	Martin Wells
Maintenance Officers	Rob Ryan	#Branch Delegates	Wayne Cavanagh , Paul Schloeffel , Angela Rowles
Carnival Organiser	Peter Stacey	Selectors	Board & Ski Captain, Club Captain, Board & Ski Vice Captain, Junior Club Cap-tain
Sponsorship Com-mittee	Club Executive	Social Committee	Greg Boess , Kassandra Boess
Honorary Auditor	None at present - paid au-ditors engaged	Honorary Solicitor	Michael Gamble & Angela Devitt
Hon Medical Officer	Dr. Damian Ryan	Building Committee	Rob Ryan , Wayne Cavanagh , Tracey Free-man , Bruce Kejda

2014/2015 Club Championship Results

Our highly competitive Senior Club Championships results were announced at the Club Presentation Night in June. Congratulations to all our winners in the various age categories.

Masters Female	Masters Male	Open Female	Open Male	19s Female	19s Male
Jo Helson 36 points	Peter Stacey 65 points	Meg Hass 70 points	Peter Stacey 79 points	Sophie Papadimis 29 points	Tyler McEwan 96 points
Dana Richards 23 points	Kyle Glazier 58 points	Jo Stacey 25 points	Tyler McEwan 69 points	Ella Ryan 6 points	Bradley Holland 38 points
Kerry Peretta 19 points	Steven Ballard 48 points	Kira Freeman 20 points	Kyle Glazier 52 points		Mitchell Jason 14 points

17s Female	17s Male	15s Female	15s Male
Jo Stacey 89 points	Taylor Garner 30 Points	India Simpson 81 points	Izak Parkes 72 points
Kira Freeman 81 points	Nathan Troani 29 points	Charli Hall 58 points	Tom Kofod 25 points
Tylah Hall 45 points	Dylan Holland 16 points	Jess Stacey 18 points	Kobe McEwan 20 points

Stockland BRT Rescue Board



A big thank you to Stockland Shellharbour for the grant that enabled SSLSC to obtain a BRT Rescue Board.



Become a sports volunteer

Sport and recreation helps to build communities through social inclusion and a sense of connection. Sport and recreation clubs rely almost exclusively on volunteers and this is where you come in! Here are a few more reasons why it's good to volunteer:



- ◆ **It's good for you:** volunteering provides physical and mental rewards. It reduces stress and makes you healthier.
- ◆ **It saves resources:** volunteering provides valuable community services so more money can be spent on local improvements.
- ◆ **Volunteers gain professional experience:** you can test out a career.
- ◆ **It brings people together:** as a volunteer you assist in uniting people from diverse backgrounds and you help build camaraderie and teamwork.
- ◆ **It promotes personal growth and self esteem:** understanding community needs helps foster empathy and self-efficacy.
- ◆ **Volunteering strengthens your community:** you can help support families, improve schools, support youth, beautify the community and help with local clubs.
- ◆ **You learn a lot:** volunteers discover hidden talents; learn about the functions and operation of the particular club they're involved with and gain knowledge of local resources available to solve community needs.
- ◆ **You get a chance to give back:** people like to support community resources that they use themselves or that benefit people they care about.
- ◆ **Volunteering encourages civic responsibility:** community service and volunteerism are an investment in our community and the people who live in it.
- ◆ **You make a difference:** every person counts!

Shellharbour Surf Life Saving Club

INVITES YOU TO...



Join the Fun

2015/16 Registration Days:

Day/date: Sundays, 13th and 20th September
Time: 10am - 2pm
Venue: Shellharbour SLSC (North Beach, Shellharbour)
Bring: swim form (it can also be emailed)

Note: *Registration, payment and swim form can now be completed online. Check our website for details:*

www.shellharboursurfclub.com

*Learn great life skills:
CPR, beach safety, surfing,
swimming, teamwork,
leadership. Enjoy our healthy
lifestyle and make friends.*

General Information

Patrol Roster

The Patrol Roster and Patrol Roster teams have been placed on the club website. The patrol teams upload will be updated as the season progresses and is password protected—contact Michael Flood via the club website if you do not have the password.

Once again there is a good balance of morning and afternoons. As we rotate through our 14 patrols this year Patrols 7,8,9,and 10 have 11 patrols this season. The rest have 10 patrols.

Patrols started on the 19th of September at 9.30am and will change to a 9.00am start during the Christmas School Holiday period. Please arrive a bit earlier to help your team set up the patrol. If the afternoon patrol on Sunday (or last day of public holiday block) could again assist by cleaning the toilets it would be much appreciated. Last year we focused on more Silver Medallion awards to strengthen potential Patrol Captains on each patrol. This season the focus is on IRB drivers and crew. We also need to make sure we have enough ARTC so keep an eye out for upcoming courses. Looking forward to some fun on the beach and some good weather for all of you.

Soft Gear Shop!

For those who aren't aware, our Soft Gear Shop is now located upstairs inside the club house. Come and check out the great new location - with a great view!

Club Training

Fitness / Running Training:

- Tuesdays and Thursdays, 5:30-6:30pm at the club
- All welcome

Board Training—Wednesdays from 4pm and Sundays 8.30am till season starts

Follow us on Facebook



*“Shellharbour Surf Life
Saving Club”*

Newsletter Contributions

Please email all Newsletter Contributions, photos and feedback to:

Charles Mountifield
cmountifield@gmail.com
Shellharbour SLSC
Publicity Officer



SPONSOR PACKAGES

Oak Flats and Shellharbour
Community Bank® branches



Take out a home loan with our Community Bank and note the club as your beneficiary – the club will receive financial support.



Sign up to a Team Amart card (free) listing our club as your preferred beneficiary – you get discounts & special offers and the club receives credit to use at Amart.



SHELLHARBOUR
HEALTH INC

Shellharbour Health Inc - Physiotherapy, Massage Therapy, Pilates, Dietetics, Exercise - will now contribute 10% of the service fee for surf club members back to the club. Please identify yourself as a club member and all contributions will be donated to the club at the end of the season.

Easy Money for Your Club

BRONZE	GOLD	SILVER
\$10	\$50	\$25
HOTEL BOOKINGS \$1-\$349	HOTEL BOOKINGS \$700+	HOTEL BOOKINGS \$350-\$699

www.quickbeds.com/grassroots

Make your next hotel booking through Quickbeds! This is a great chance to raise funds for **Shellharbour Surf Life Saving Club**. The links below have your Grassroots Code already built in. Remember every booking raises funds for **Shellharbour Surf Life Saving Club**.

Your **Grassroots Code:** **1323**
www.quickbeds.com/?grassrootscode=1323