

## **Aussie Surf Lifesaving Titles – Medallists Masters**

Shellharbour Surf Life Saving Club's Masters competitors have returned from last week's Australian titles at Kurrawa Beach on the Gold Coast with 5 individual place medals and a silver medal in a men's beach relay.

Success was mostly found on the sand, with the trying surf conditions and subsequent cancellation of water events following the loss of Queenscliff Ironman competitor Saxon Bird in the Open championships, limiting opportunities for water competitors.

Kyle Glazier won Gold in the Male 30-34 years Beach Flags, also finishing 4<sup>th</sup> in the Men's 30-34 Beach Sprint.

Jo Helson achieved Silver in the Female 50-54 Women's Surf Race, in difficult conditions.

Steve Ballard won Silver in the Men's 35-39 2km Beach Run

Robert Ryan also achieved a Silver in the Men's 45-49 2km Beach Run

Shellharbour won Silver in the 140 years minimum Men's Beach Relay, the team of Darren Shaw, Darrin James, Steve Ballard & Peter Stacey clinching the medal.

Shellharbour's oldest representatives also did well, with Darryl Glover winning Bronze in the Men's 60 -64 1km Beach Run (pipping fellow Clubmate Dave "Gollum" Parton, who finished 5<sup>th</sup>)

***Enquiries to Club Publicity Officer – Tracey Freeman, Ph: 0408 31 6630 or email: [freemanhr@ozemail.com.au](mailto:freemanhr@ozemail.com.au)***