



Shellharbour SLSC

Newsletter
November 2013

Sydney Water Carnival

On October 26th, Shellharbour hosted round one of the Sydney Water Premiership Series. Such an event would not have been possible without the help of everyone.

Thanks to:

- Water Safety
- Officials
- IRB crew
- Everyone who helped set up and pack up the beach
- Age managers
- BBQ helpers

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Boaties Carnival 4/1/14

On Saturday 4th January 2014, Shellharbour we will be hosting Round 3 of the South Coast Boat Series. In order for the carnival to run smoothly, we need the following helpers:

- Set up at 7am
- BBQ—Junior Parents are requested especially to help out on the BBQ
- Pack Up
- IRB

Boat Captain Mark Bartlett can be contacted at mbartlett@ambulance.nsw.gov.au for more information.

Coming Up...

- November 30: Sydney Water #4
- December 1: Training day
- December 7: Appeals Day
- December 14-15: Interbranch
- December 15: Christmas Party
- December 22: No nippers
- December 29: No nippers
- January 5: Training day
- January 11: Gerringong Carnival
- January 12: Training Day
- January 17-19: Country Championships
- January 26: (Australia Day) Training Day
- January 27: Schloff's Challenge
- February 1-2: Branch Carnival
- February 9: Training Day

Set up and BBQ Roster

Reminder to all nipper parents to check the roster as to what week they are requested to assist with set up on Sunday mornings at 7:30am. Our club is run by volunteers and the responsibility of setting up the beach on Sunday mornings should not fall to the same people each week. Furthermore, BBQ helpers are also required.

Even if it's not your child's age group week we would still appreciate your assistance!!

Please check the roster regularly as it may change. The roster can be found on the club website, www.shellharboursurfclub.com

- December 1: U/14
- December 8: U/13
- December 15: U/12
- January 5: U/11
- January 12: U/10
- January 26: U/9

DON'T FORGET YOUR FLUORO VEST FOR ALL SURF TRAINING

Patrol Exchange

This season, Shellharbour SLSC patrolling members have the opportunity to participate in a patrol exchange with Sussex Inlet SLSC. As a much smaller club, they struggle to have enough people to fill a patrol each weekend. Part of the spirit of Surf Life-saving is to help out fellow lifesavers. If you are interested in helping them out on any Sunday in January, contact Cavo at waynecavo@gmail.com.

Amart All Sports Deal

Our club has signed up to be a part of the Amart All Sport Community Kickback program. It involves 5% of the cost of your purchases being donated to the club.

This deal has the potential to bring a significant amount of revenue for the club, so please help the club out by shopping at Amart. All you need to do is join team Amart (loyalty program) and say you're a member of Shellharbour SLSC.



New Bronze and SRC Holders

Congratulations to the newest patrolling recruits who have been awarded their Bronze Medallion:

Ashleigh Balmer
Chantelle Balmer
Drew Crofts
Kira Freeman
Meg Graham
John Miller
Aaron Schloeffel
Tori Colbron,
Sam Glazier

Chloe Hass
Katie James
Peter Kofod
Roshen May
Maddison Noakes
Troy Tonkin

Country Championships

If you are interested in competing in the SLS NSW Country Championships, to be held at Mollymook SLSC, on January 17-19th 2014, nippers will need to register with their age manager as soon as possible. Seniors should contact Michael Flood at michaelflood@exemail.com.au to register. As the carnival usually attracts a large number of competitors, booking accommodation in advance is advised for those who wish to stay down at/near Mollymook.

On the Sunday evening after the carnival is completed, a club party will be held, with all families invited to attend. It is traditionally a great night, and we encourage all involved in the carnival to attend. Venue and time to be confirmed closer to the date.

Coolangatta Gold

On the 19/20th October, 6 Shellharbour competitors travelled to Queensland to compete in the Coolangatta Gold, the “Hawaii Ironman” of Surf Lifesaving. It involves a ski paddle, run, swim, run, board paddle, then finish with a run.

On the Saturday, life member Jo Helson, Meg Helson and Karri Ryan teamed up as “At least we look good” to compete in the 32km short course in the Open Women’s teams division.

Karri led the team out with a strong ski paddle, Meg pulled up a few places in the run leg, before handing the baton to Jo for the 2.2km swim. Karri then backed up for a difficult board leg straight into the wind, before Meg ran the team home to finish in 3 hours, 57minutes. They came 5th in their division.

On Sunday, Paul “Schloff” Schloeffel and Ray Hobson lined up to compete in the Masters Men long course (41km), whilst Zoe Elkerton lined up for the Open Women's. This was an incredible and historic achievement, as this

year was the first year the women have competed in the long course. She finished in 5 hours 21 minutes. Schloff finished in 5 hours 51 minutes, an hour faster than his previous attempt. Ray Hobson gave his all in testing conditions but was unable to complete the race. Congratulations to all competitors for taking part in such a challenging event.

Appreciation must also be given to all the handlers and board paddlers, for their valued efforts throughout the race: Aaron and Gill Schloeffel, Darryl Glover, Richard King, Zoe, Laura and Caroline Elkerton, Karri Ryan, Meg, Jacob and Jo Helson. Special Thanks to Blue Helson for his efforts in moving skis and boards over the weekend. We hope more competitors will be able to compete next year!



Appeals Day

Our major fundraiser, Appeals Day, is coming up on Saturday 7th December 2013. Please help out collecting for the club, the money raised is used to purchase new rescue equipment and keep our club going. Contact Tracey Freeman at freemanhr@ozemail.com.au to get a spot on the roster.

Missing!!

The brand new Woodside Petroleum red tent is missing. It was last seen in its box in the patrol area during September. If anyone knows the whereabouts of the tent, can they please speak to Cavo, or return it.

Social Committee Members Required

Do you like to party? Then we want you to join our social committee. The role involves organising social events, such as sippers and Christmas Parties, Start/End of Season parties. This role would be ideal for parents of nippers, or cadet aged members, who are interested in building the community of Shellharbour SLSC through social events. Contact Tracey Freeman if you are interested.

Training

Junior surf and land training:

- Wednesday
- 4-4:45pm beginners, 4:30-5:30pm advanced paddlers
- Contact Dana Richards
- More parent helpers and water safety needed!

Cadets/Senior Surf Training:

- Wednesday 4:30pm with Cavo

Fitness / Running Training:

- Tuesdays and Thursdays, 5:30-6:30pm at the club



“Shellharbour Surf Life Saving Club”

Please email all Newsletter Contributions, photos and feedback to:
karri.ryan94@gmail.com
Karri Ryan,
Shellharbour SLSC
Publicity Officer

Thank you to our sponsors...

Shellharbour Bowling Club for donation of \$5000, which was used to purchase IRB motors

Josh Lee Bricklaying for the new water safety vests.

Fit n Fast Gym Shellharbour for our new pop up tent.

Bendigo Bank (Oak Flats Community Branch)

Warilla Bowls Club for their donation towards cadet development

Nott's Smash Repairs for their continued support

Without our sponsors, our club would not exist! Please help them help us by supporting them.



Shellharbour City



Oak Flats and Shellharbour Community Bank® branches



Shellharbour SLSC Drink Bottle Order Form 2013

Name: _____ Phone: _____ Email: _____

Just in time for Christmas!

White, aluminium 400mL drink bottle with built in straw.

Personalised with Shellharbour Surf Club on one side and your name and club cap on the other side.

\$19.50 each and available by order only.



Please indicate the **name** to be printed on the drink bottle and **quantities** below.

Name to be Printed (in BLOCK LETTERS)	Quantity	Total Cost
TOTAL		\$

Orders and payment must be received by **Sunday 1st December 2013**. Delivery from the supplier is 2 weeks after the club places the order. **No late orders will be accepted.**

**Orders and payment to be submitted directly to the
Soft Gear Steward (Tammy Coltman), at the Soft Gear Shop.**

<i>Office use only</i>	
Total Items Ordered: _____	Paid: <input type="checkbox"/> Yes <input type="checkbox"/> No
Total Cost: \$ _____	Date Paid: _____
Date Items Issued: _____	Payment Method: <input type="checkbox"/> Cash <input type="checkbox"/> Cheque <input type="checkbox"/> EFTPOS