



Shellharbour SLSC

Newsletter
January 2014

Camping Trip

On April 11-13, all Shellharbour SLSC members and their families are invited to attend the annual camping trip.

This year it will be held at Lake Conjola. There is a group booking on our sites—do not ring the campsite, but contact Dana Richards at dana.richards76@gmail.com to receive a site. Sites will be allocated on a first come, first serve basis. We encourage all members, especially nippers families, to consider attending what has always been a fun way to end the season.

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Boaties Carnival

On January 4th, Shellharbour hosted a round of the Warilla Bowls Surf Boat Series. Smooth conditions allowed for the day to run with minimal disruptions. Shellharbour had 1 crew competing.

Thanks to:

- Pete Stacey, Carnivals Co-coordinator
- Everyone who assisted with set-up and pack up
- Those who cooked the BBQ
- IRB team for water safety: Lauren Stolk, Matt Wheat, Shevaun Kimber, Kyle Miller-Duncan, Ella Ryan, Jayden Gaston and Jake Westlake

Coming Up...

- February 1-2: Branch Carnival, Kiama SLSC
- February 9: Training Day
- February 16: Club Championships and Sippers from (4/5pm)
- February 23: Training Day
- February 28-March 2: Junior NSW State Championships
- March 2: Training Day
- March 7-9: Open NSW State Championships
- March 9: Training Day
- March 15-16: Masters NSW State Championships
- March 16: Training Day
- March 23: Juniors Presentation Day
- March 29: Seniors Twilight Club Champs 5pm - TBC
- April 6: Shellharbour Ocean Swim
- April 11-13: Camping Trip
- May 24: Seniors presentation - evening

Set up and BBQ Roster

Reminder to all nipper parents to check the roster as to what week they are requested to assist with set up on Sunday mornings at 7:30am. Our club is run by volunteers and the responsibility of setting up the beach on

Sunday mornings should not fall to the same people each week. BBQ helpers are also required.

Even if it's not your child's age group week we would still appreciate your assistance!

Please check the roster regularly as it may change. The roster can be found on the club website, www.shellharboursurfclub.com

- February 9: U/8
- February 16: U/14
- February 23: U/13
- March 2: U/12
- March 9: U/11
- March 16: U/10

Shellharbour Ocean Swim

The 9th annual Shellharbour Ocean Swim will be held on April 6 2014. This is a major fundraiser for the club and has proven to be a fun and friendly country ocean swim, attracting numerous competitors and social swimmers from across the State and beyond.

We have been blessed by calm conditions and warm ocean temperatures for almost every event, which has contributed to our great reputation.

We are now in need of an organising committee to help us coordinate this event. If you are able to get involved in the planning and/or help on the day, please contact info@shellharboursurfclub.com or speak to Tracey Freeman or Wayne Cavanagh.

Remember - Many hands make light work!

Training

Junior surf and land training:

- Wednesday
- 4-4:45pm beginners, 4:30-5:30pm advanced paddlers
- Contact Dana Richards
- More parent helpers and water safety needed!
- Friday 4pm Ironman for Junior State Competitors

Cadets/Senior Surf Training:

- Wednesday 4:30pm with Cavo

Fitness / Running Training:

- Tuesdays and Thursdays, 5:30-6:30pm at the club
- All welcome

DON'T FORGET YOUR FLUORO VEST FOR ALL SURF TRAINING!

Country Championships—Shellharbour takes 4th!

The 2014 Stramit Country Championships were held at Mollymook Beach on the 17-19th January. Reasonable weather and surf conditions allowed for a successful carnival, with 109 competitors (well up from last year's 37) from Shellharbour participating. A big congratulations to all the juniors, who put in a massive effort, with lots of finals being made; but more importantly, everyone had a lot of fun! Shellharbour took out 4th place in the championship on 462 points, the best result for the club in quite a few years.

Shellharbour took out the prestigious Junior All Age Relay with a convincing win.

Congratulations to the team of Kyle Attard, Jessica Stacey, Kai Richards, Madi Singleton, Heath Tani, Lachlan Cabor & Clay Marland.

Thanks to our age managers, officials—Tracey Freeman, Dean Boyton, Rod Hall, Deb Holland and Richard Plummer, water safety team, and special thanks to our IRB crew of Harley Dengate and Jake Westlake, who put in a mammoth effort and spent 3 days in the IRB, plus Cavo and Paul Lomas, also in the IRB.

- All age relay: 1st
- March Past: 5th
- Buchanan Relay: 1st – Lachlan Cabor, Jed Gottas, Aly Marland, Bailey Krstevski, Clay Marland, Alissa Tonkin
- 2 person R&R: 3rd – Jessica Stacey and Maddie Ballard

U/8:

- Beach Relay: 2nd – Jed, Clay, Aly and Alissa
- Wade Relay: 3rd - Jed, Clay, Aly and Alissa

U/9:

- Female Beach Sprint: 3rd – Sarah Stacey

U/10:

- Female Beach Sprint: 3rd – Tayleah Hancock
- Male Beach Flags: 3rd – Shannon Foye
- Board relay: 3rd – Harrison Coltman, Bailey Krstevski, Heath Tani
- Surf Teams: 3rd- Harrison Coltman, Bailey Krstevski, Lachlan Cabor, Reagan Garner

U/11:

- Female Beach Flags **Place??**: Madi Singleton

U/12:

- Beach relay: 3rd – Maddie Ballard, Brendan Cabor, Nat Marland, Kai Richards

U/13:

- Beach Relay: 2nd – Liam Farrar, Jai Marland, Madeleine Bakker, Jessica Stacey

U/14:

- Female Beach Flags: 3rd – Isabella Brennan
- Female Beach Sprint: 1st – Isabella Brennan
- Male Beach Sprint: 1st – Kyle Attard
- Male Beach Flags: 3rd- Nicholas Hass
- Beach Relay: 1st – Harlie Singleton, Isabella Brennan, Kyle Attard, Nicholas Hass



Above: The Victorious All Age Relay Team

Right: Ethan Rowles in Action

Below: Our U/8's show off the blue red and gold of Shellharbour



Results: Seniors

Cadets:

- Female U/15 2km Beach Run: 2nd – Shayla Szakacs
- Male U/15 2km Beach Run: 3rd- Dylan Holland
- Male U/15 beach Relay: 2nd – James Clay, Dylan Holland, Kade Szakacs, Nathan Troiani

Opens

Zoe Elkerton:

- Ironwoman: 2nd
- Surf Race: 1st

Meggie Helson:

- 2km Beach Run: 1st

Karri Ryan:

- 2km beach run: 2nd
- Ski race: 2nd

Mixed Surf Team: 3rd – Zoe, Meggie, Dana and Karri

Mixed Double Ski: 3rd—Kyle Glazier and Karri Ryan

Female Board Rescue: 1st- Meggie Helson and Zoe Elkerton

Female Ski Relay: 3rd – Karri, Meg and Zoe

Men's Beach Relay: 2nd – Steve Ballard, Kyle Glazier, Michael Hass, Pete Stacey

Masters—Women

Womens 30+ Board Rescue: 2nd—Kerry Perretta and Jo Helson

Dana Richards:

- 30-39 Board: 2nd
- 30-39 Tube Race: 3rd
- 30-39 Ski: 2nd
- 30-39 Surf: 3rd
- 30-39 Ironwoman: 2nd

Kerry Peretta:

- 40-49 Board: 3rd
- 40-49 Ironwoman: 2nd

Jo Helson:

- 50-59 Surf Race: 2nd
- 50-59 Ironwoman: 1st
- 50-59 Tube Race: 1st
- 50-59 Ski: 3rd
- 50-59 Surf Race: 1st

Masters—Men

Darryl Glover:

- 60+ Board: 1st
- 60+ Tube Race: 1st
- 60+ Surf Race: 2nd

Kyle Glazier:

- 30-39 Beach Flags: 2nd
- 30-39 Beach Sprint: 2nd
- 30-39 Board Race: 3rd
- 30-39 Surf Race: 3rd

Phil Holland:

- 40-49 1km Beach Run: 1st

Steve Ballard:

- 30-39 Beach Sprint: 1st
- 30-39 1km Beach Run: 1st

Rob Ryan:

- 50-59 1km Beach Run: **Place??**
- 50-59 Beach Flags: 2nd
- 50-59 Ironman: 1st
- 50-59 Board: 3rd

Peter Stacey:

- 40-49 Beach Sprint:: 2nd
- 40-49 Ironman: 3rd

Michael Hass:

- 40-49 1km Beach Run: 3rd

Michael Flood:

- 50-59 1km Beach Run: 2nd

Boats

‘Sistas’ - 3rd 120yrs

Right: “Sista’s’ Boat Crew

Below: Silver Medallists
Open Men’s Beach Relay
Team



Zoe's Big Australia Day Bash

On January 27, The Annual 'Schloff's Australia Day Challenge' was rebranded as 'Zoe's Big Bash'. Zoe Elkerton has been a member of Shellharbour SLSC for over 12 years and has been one of the club's most successful competitors. Over the years, she has won numerous State Medals in the Ironwoman and surf race, and has represented NSW at the Interstate championships. Zoe is focusing her athletic career on open water swimming and will be leaving Shellharbour SLSC as she moves to Queensland to further pursue her swimming career. Zoe's big bash was a fantastic send off for such a valued club member, and the day provided smooth conditions, allowing many juniors to have a go in the 'race, with around 100 members participating. We wish Zoe all the best for her future ambitions.



Shellharbour SLSC gets a visit from the UK

On Sunday 5th January, 5 year old Seth Hellmund and his dad Scott visited Shellharbour SLSC from Woolacombe in the south-west of the UK for a day at nippers. Woolacombe Surf Life Saving Club was set up in 1962. Woolacombe gets quite a bit of swell in from the Atlantic as well as benefiting from the 'warm' currents. If it were in the South, it would be closer to the South Pole than Tasmania! The club has strong ties with Australia, with many lifeguards going to work on the beaches in the UK, which is how Scott (a former Shellharbour member) came to be in Woolacombe. He was back in town so he and Seth came down for a morning at nippers and had a great time. Their visit is a testament to the community spirit and culture here. Thanks to everyone who made him feel welcome.



Interview: Meet The Holland's

What is the best thing about Surf Club for you?

Jess. Hanging out at the beach with my friends on a Sunday morning.

Dylan. Learning surf survival skills and patrolling with my friends.

Brad. Age managing U8's, patrolling and all the great people.

What were the highlights of the Country Carnival?

Jess. Swimming and playing with friends on the beach at camping—and sitting on the hot sand for over an hour waiting for the beach relay, not really a highlight but memorable.

Dylan. Running 3rd in the U15 2 km Beach Run (Bronze medal) and camping with friends and family at Lake Tabourie.

Brad. Getting a Bronze medal in the U17 2km Beach run and surfing with friends at Lake Tabourie.

What was one special moment about Country?

Jess. Running the Beach relay with friends.

Dylan. Getting a silver medal in the U15 Beach relay with Nathan, James and Kade.

Brad. Watching our U8's compete and seeing some of them with medals



The Holland Family: Phil, Dylan, Jessica, Brad and Debbie



“Shellharbour Surf Lifesaving Club”

Please email all Newsletter Contributions, photos and feedback to:

karri.ryan94@gmail.com

Karri Ryan,
Shellharbour SLSC
Publicity Officer

Thank you to our sponsors...

Telstra Kids for their funding for two new fibreglass nipper boards.

Guardians of the Surf (SLSNSW) for their cheque for \$6311 in December, which has been put towards rescue gear

Without our sponsors, our club would not exist! Please help them help us by supporting them.



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