

Mainteck- Shellharbour Ocean Swim 1.2 km Event.

Shellharbour Boat Harbour to Shellharbour North Beach

Event

Date Sunday 7th April 2013 **Start:** Junior Swim—9am, Main Swim—10:15am

Registration

On-line: www.oceanswims.com
On the day: 8.00am at the surf club premises – Entries **must** close at 9:30am for Main swim, 8:30am for Junior swim

**Organisers
Watersafety**

Shellharbour Surf Life Saving Club Inc

Course

Leave the sandy foreshore of Shellharbour Boat Harbour heading through the boat harbour entrance, then swim out and north around Cowries headland, follow the foreshore to Cunji Rock Platform and onto main patrolled beach at North Shellharbour. Fine and mild autumn conditions prevail at this time of the year. Water temperatures are still favourable for swimmers, and wet suits are not generally required.

Description

**Map of
Course**



**Categories:
Entry Fees:
Prizes:**

**Open Male &
Open Female**

**Male & Female
Divisions**

- Under 18
- 19 - 30
- 31- 40
- 41- 50
- 51- 60
- over 60

New – “Anything
Goes” Category

(min age at date of
event 13 y.o)

**All Divisions –
Main swim**

\$30.00 on-line
\$40.00 on the day
(min age at date of
event 13 y.o)

Wear fins, fancy
dress, snorkels,
whatever – so long
as it’s legal!

Participants will only be eligible for one divisional
prize.

Open Male & Open Female

1st \$250 2nd \$150 3rd \$75

Age Groups – 1st, 2nd & 3rd in each age group
and gender group to receive prize.

NEW for 2013!!!

Junior Swim 400m—off the beach —12 years and
under only—\$25 entry—prizes for Male and Fe-
male placegetters.

All entrants of the Main or Junior Swim are eligible
to compete in our first ever ***“Dash for Cash”***
after the main event!

Web sites

<http://www.shellhavioursurfclub.com/> & <http://www.oceanswims.com/>